



Drinkable prebiotic fibre for metabolic health.



VivaBiome is a patented **prebiotic fibre blend**, carefully formulated with Konjac glucomannan to support key aspects of metabolic health, such as healthy weight management, cholesterol lowering, and glucose control.

By promoting **gradual and selective fermentation** along the intestinal tract, VivaBiome helps maintain a balanced and diverse microbiome, without the common side effects of bloating or gas.

VivaBiome is designed for health-conscious consumers looking to their prebiotic fibre intake and metabolic health in a convenient and enjoyable way.

Why choosing VivaBiome?



Fibre boost & metabolic health

VivaBiome is loaded with soluble fibre, including Konjac Glucomannan, to support key aspects of metabolic health such as weight loss, glucose regulation, and cholesterol management.



Microbiome support

Thanks to its high content of prebiotic fibre, VivaBiome supports the production of beneficial short-chain fatty acids (SCFAs), helping to regulate inflammation and promote overall gut balance.



Gentle fermentation

VivaBiome's slow fermentation prevents bloating and gas formation, making it an ideal choice for consumers who are prone to gut discomfort.



Consumer friendly

VivaBiome can be seamlessly combined with other ingredients and incorporated into beverages, offering excellent dissolution and great organoleptic properties.

Fuelling a healthier microbiome and metabolic health

Best-in-class prebiotic index

Konjac glucomannan (KGM) and its hydrolyzed form konjac oligo-glucomannan (KOG) have excellent **prebiotic properties** as demonstrated by their superior prebiotic index. Several studies have demonstrated their ability to selectively promote the **growth of beneficial gut bacteria** like *Lactobacillus* and *Bifidobacterium* species, while inhibiting the growth of pathogenic bacteria including *E. coli*, and *Listeria*, associated with gut dysbiosis.



Glucose control

VivaBiome slows down the absorption of carbohydrates and suppress appetite, leading to reduced blood glucose levels.

Cholesterol lowering

VivaBiome helps lower cholesterol, particularly LDL cholesterol, by interfering with cholesterol absorption and increasing bile acid excretion.



Microbiome balance

VivaBiome helps maintain gut homeostasis by promoting the growth of beneficial bacteria while inhibiting the proliferation of pathogens.

Weight loss

VivaBiome promotes weight loss by promoting a feeling of fullness, helping to reduce calorie intake and supporting healthy eating habits.



EFSA approved

Available EFSA Health / Nutritional claims
In accordance with Regulation (EC) No 1924/2006, VivaBiome is authorised to carry the following approved health and nutritional claims:

- ✓ Supporting weight reduction
- ✓ Cholesterol lowering
- ✓ Glucose management (if formulated with chromium)
- ✓ High in fibre

More information:

